



# A Call to Prayer

*By Susan Nickolson*

*Dear Sisters and Brothers in Christ,*

*Have you made New Year's Resolutions for the New Year? Did one of them include a change or strengthening of your prayer life? I encourage you to consider doing this no matter what today's date.*

**Colossians 4:2: Devote yourselves to prayer, being watchful and thankful.**

*Enjoy your personal journey into prayer!!!*

**What is your definition of prayer?** To me, it is simply conversation with my Heavenly Father. Something that needs to be done more than just daily!

**But how to start?** There are many ways to pray and many ways to get started. I hope some of the resources below will help you in your journey.

**Join Max Lucado in his from Pray Wimp to Prayer Warrior and Sign Up for the Prayer Challenge (40 days) and Get the Free *Pocket Prayers* eBook by Max Lucado**

<http://www.faithgateway.com/prayer-challenge-before-amen/>

Check out Kathryn Shirey - <https://www.kathrynshirey.com/> Living God's Possible in an Impossible World with many great articles on Prayer for example:

- Learn How to Pray
- Too Busy for Prayer
- Ways to Pray When You Don't Feel Like Praying
- 5 Steps to Develop a Habit of Prayer; and many more)

## Do you want to spend more time praying?

### Resources to Help you with prayer time:

An hour or so at one time?

<http://www.ksbj.org/prayer-growth/pages/how-to-pray>

[http://www.sparkpeople.com/mypage\\_public\\_journal\\_individual.asp?blog\\_id=4054436](http://www.sparkpeople.com/mypage_public_journal_individual.asp?blog_id=4054436)

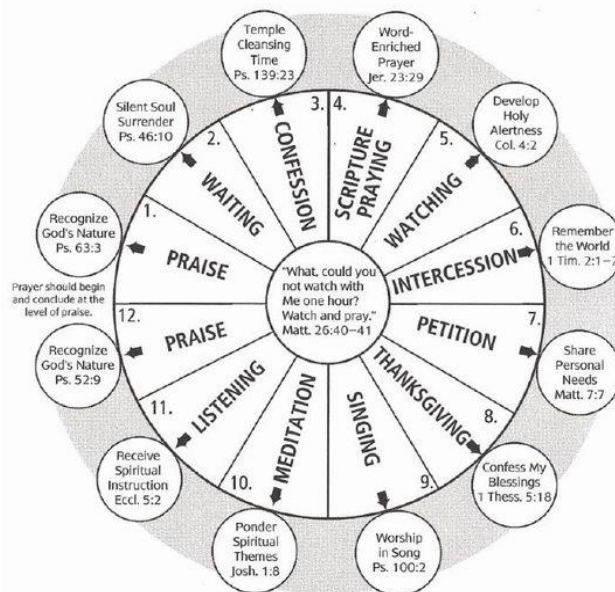
Short but meaningful times throughout the day?

<https://arabahjoy.com/10-easy-ways-to-pray-all-day/>

Pray without Ceasing?

<https://embracingthelovely.com/pray-without-ceasing/>

The Breath Prayer: <http://www.delbene.org/>  
(includes free PDF version of the Breath of Life AND  
20-minute video Learning the Breath Prayer)



<http://www.ksbj.org/prayer-growth/pages/how-to-pray>

## What about praying the scripture?

<http://www.kathrynshirey.com/praying-psalms/>  
<https://arabahjoy.com/25-scriptures-to-pray-in-the-morning/>  
<https://www.biblestudytools.com/topical-verses/prayer-bible-verses/>

**God speaks in the silence of the heart.**

**Listening is the beginning of prayer. ~Mother Teresa**

How to Hear God Better Through Listening Prayer:

<http://www.kathrynshirey.com/hearing-god-through-listening-prayer/>

## What type of prayer should you use?

Remember the example that Jesus gave us (Matthew 6:9-13). Many types of prayer have been suggested based on these verses. Take a look at the following information:

- In the book Armor of God, P.R.A.Y. was introduced as the framework for prayer (page 192). This is very helpful in writing out prayers.
- The 5 Finger Prayer - <https://www.pinterest.com/pin/30328997470074498/>
- Prayers and Thanksgiving; Entreaties/Supplications; and Petitions/Intercessions: <https://www.thediligentwoman.com/4-types-of-prayer/>
- Prayer of Supplication; Prayer of Intercession; Prayer of Faith; Prayer of Agreement; Prayer of Praise and Thanksgiving; and Prayer of Contemplation: <http://www.prayeronline.org.au/types-of-prayer>
- Prayer of thanksgiving; Prayer of Worship; Prayer is Intercession; Prayer of Faith; Corporate Prayer; Prayer of Consecration: <https://www.compellingtruth.org/types-of-prayer.html>

I pray you enjoy these resources and they bring a new awakening of prayer into your prayer life.

*Prayerfully yours, Susan*